



210 E Solomon ST, Griffin, GA. 30223  
Telephone (770) 228 – 6159  
[www.CMAgriffin.com](http://www.CMAgriffin.com)

**CHAMPIONSHIP MARTIAL ARTS**  
**CLASS SCHEDULE EFFECTIVE      September 26, 2022**

Class	MON.	TUES.	WED.	THURS.	FRI.	SAT. (a.m.)
<b><u>BASIC FOUNDATIONS</u></b>		4:45 – 5:30	5:45 – 6:30	4:45 – 5:30	5:45 – 6:30	11:00 – 11:45
<b><u>BBC &amp;/or BJJ</u></b>		5:30 – 6:45	5:00 – 5:45	5:30 – 6:45	5:00 – 5:45	10:15 – 11:00
<b><u>LEADERSHIP</u></b>		6:45 – 7:15		6:45 – 7:15		
<b><u>ADULTS &amp; TEENS</u></b>		7:15 – 8:00	6:30 – 8:00	7:15 – 8:00		9:30 – 10:15

For special events, go to [www.cmagriffin.com/monthly-calendar/](http://www.cmagriffin.com/monthly-calendar/)  
(ask for login information in the front office)

For studio closings, go to [www.cmagriffin.com/closings/](http://www.cmagriffin.com/closings/)

**Students are expected to:**

1. Attend class on a regular and consistent basis (at least 2 times/week).
  2. Arrive 5-10 minutes early for your scheduled class. If 10 minutes late, you are unable to attend class.
  3. There can be no children left at the studio unattended, unless they are currently in a scheduled class.
-